

10 Leisure Walks of Discovery

A BOOT UP EXMOOR: VOLUME 2

Shirley and Mike Hesman

This book describes in an easy to follow narrative ten walks found throughout Exmoor National Park. Suitable for all ages they will give hours of pleasure and enjoyment. A selection of photographs, show some of the landscape that the walks pass through and small snippets of information are highlighted in box form to inspire research and exploration. The walks start from some of Exmoor's prettiest villages and hamlets. A brief description of these is given at the beginning of each walk. Historical and archaeological sites are mentioned as well as flora and fauna that might be seen. This small book is a great accessory and should be put in a pocket or a rucksack on each visit to Exmoor.

The walks which vary from 4 to 9 miles in length are designed to suit the needs of families, groups of friends or individuals looking for a gentle stroll or a longer walk. The ten walks are centred on Horner, Exford, Hunter's Inn, Dulverton, Withypool, Valley of Rocks, Dunster, Winsford, Simonsbath, and Brendon village.

Halsgrove's new-format guidebook, containing maps, photographs and useful information will ensure a great walking experience. Packed with colour, the book is an ideal reminder of a visit to Exmoor and its glorious walking opportunities.



ABOUT THE AUTHORS

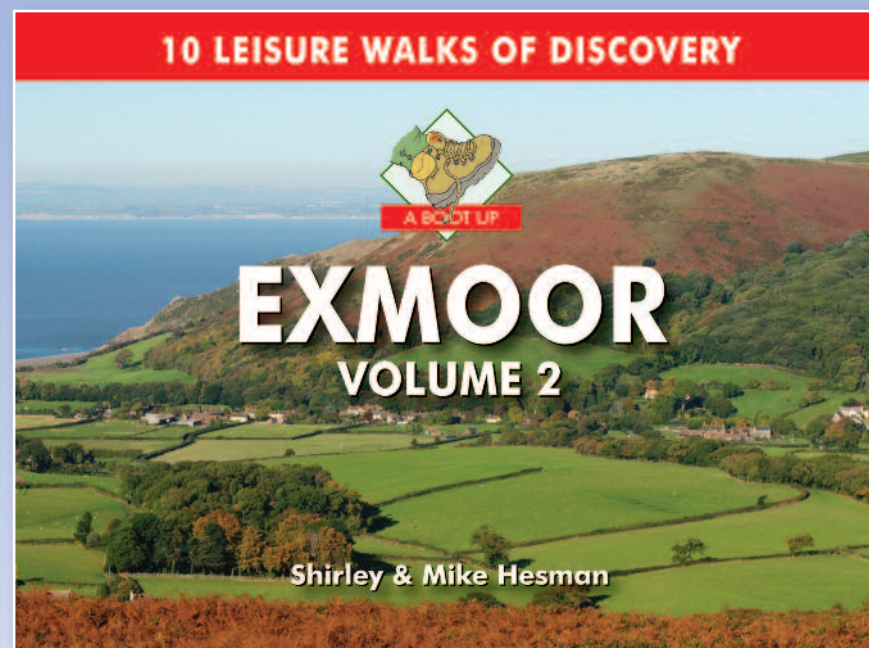
Leaving Kent and moving to Devon brought the authors in contact with Exmoor where they quickly fell under its spell like many before. As their knowledge of Exmoor grew, so did a large collection of photographic slides. These slides have been used to promote Exmoor with illustrated talks during

the forty five years they have been lucky enough to walk the national park. During that time they were also volunteer guides for the Exmoor National Park Authority for over a decade. This gave them great satisfaction and enjoyment while at the same time making many friends. Now in their retirement years they are still leading guided walks with enthusiasm.

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Exford village



Above: View from Holdstone Hill

Left: The Devil's Cheesewring

Below: The Valley of Rocks

Left: Looking up the Punch Bowl



3 These turn left along the road, to reach a bridge and SP on the right (SP bridge and Salway Basin). Before continuing across the road to visit Lynch Chapel of Ease. After leaving around the chapel, the walk can be lengthened with a short walk of just a few minutes to the pretty picture postcard village of Bessington.

4 Having visited Bessington retrace your steps back to the bridge, turn left across the bridge. Follow the bridge way up between buildings to reach a stone track. At the top of this turn right (SP bridge) follow the path to the

Allenford packhorse bridge

At the birth of each of his nine children St Treznos Duke Aedon the ninth Imperial commissioned the birth with a plantation of trees on this hill between Allenford and Salway. Between the years of 7809 - 7826 over eight hundred thousand trees were planted.

need SP these turn down right to Allenford. In a few minutes the path splits; walk right on lower path to join Allen Water before crossing the footbridge to reach a road junction.

Example of a double-page spread.